

Sword

1.
 1. Tai Chi beginning style
 2. Grasping bird's tail
 3. Golden needle pointing south
 4. Passing the sword style
 5. Spreading the sword style
 6. Hanging the sword style
 7. Intercepting the sword style
 8. Rhinoceros watching the moon
 9. Step up to protect the knee
 10. Swivel and dot
 11. Turn back and stab
 12. Hanging the golden bell upside down
 13. Point to the trousers with the sword
 14. Male and female phoenix spreading wings
 15. Shooting star chasing the moon
 16. Li Gwong shooting an arrow at a tiger
 17. The wheel on the left and right
 18. Fisherman casting his net
 19. Spin around and rein in the horse
 20. Step up and move towards the door
 21. Step back coiled dragon
 22. Face to face sword
 23. Yellow dragon turning right
2.
 24. Pui Kung cleaving a snake
 25. Shooting star chasing the moon
 26. Li Gwong shooting an arrow at a tiger
 27. Embracing the moon
 28. Pierce the heart

29. Step back and tease the genitals
 30. Tiger lying in front of the door
 31. Steersman rowing the boat
 32. Rowing the boat with the current
 33. An immortal pointing the way
 34. Dot red between the eyebrows
 35. Cross the knees and chop
 36. Step up to tease the genitals
 37. Embracing the moon
 38. Pierce the heart
 39. Hang the bamboo basket on the left and right
 40. Fairy damsel throwing a needle
 41. Turn back raising the writing brush
 42. Face the door sword
 43. Tiger lying in front of the door
 44. Catching a giant tortoise from the bottom of the sea
- 3.
45. God of literature raising the wine vessel
 46. Swing the arm back with the sword
 47. Turn the body and plant the sword
 48. Flick the whip on the left and right
 49. White gibbon offering fruit
 50. Tiger lying in front of the door
 51. Fallen petals waiting for the broom
 52. Tiger lying in front of the door
 53. Turn back to put on armour
 54. Swivel with the sword
 55. Encircling the moon style
 56. Single whip style
 57. Hanging the golden bell upside
 58. Sweep a thousand soldiers on the left and right

4.

- 59. Advance and point to the trousers
- 60. Scaly dragon hiding and about to fly
- 61. Green dragonfly touching water
- 62. Swivel and tease the genitals
- 63. Cloud signal flag three times
- 64. Advance with reverse cut
- 65. Dispel the clouds to see the sun
- 66. Magic hand picking a star
- 67. Left and right the horsetail broom is blown by the wind

5.

- 68. Fierce tiger jumping over the stream
- 69. Remove the leg and intercept
- 70. Fish lying down on the left and right
- 71. Spin and sweep across
- 72. Yellow dragon turning left
- 73. Spreading aside the grass looking for a snake
- 74. The wheel on the left and right
- 75. White snake spits out its tongue
- 76. Roc spreading its wings
- 77. Rein in the horse to watch the tide
- 78. Encircling the moon style
- 79. Single whip style

6.

- 80. Sparrow hawk piercing the forest
- 81. Roc spreading its wings
- 82. Peasant digging with a hoe
- 83. Face the door sword
- 84. Spin and sweep across
- 85. Shooting star chasing the moon
- 86. Spin and sweep across

87. Great grandfather fishing
88. Support the beam and replace the column
89. Golden needle pointing south
90. Tai Chi in unity
91. Sword completion style

8 jin sword

When practising the Sword, the actions employed are chopping, stirring, stroking and stabbing. The techniques are finely linked together. One drawing forth (of opponents attack) and one strike; one flourish and one presentation.

The body follows the movements of the sword which circles the body and can be seen on every direction. Lithe and graceful, surprising and subtle; body and sword are as one. Like a Spiritual Dragon, speeding like an arrow, or a male phoenix soaring and circling in the air.

Kan- to chop/slice diagonally downwards

Liao- to stir divert and slash in one continuous movement

Mo- to stroke subtle circular diversion

Ci- to stab/pierce

Chou- to draw forth diverting upwards with a whipping action

Ti- to lift an upward diversion

Heng- to sweep across horizontal diversion followed by thrust

Dao- to invert diverting to the side, sword pointed down